Monthly and quarterly reflection prompts

signal
by Travis Loudin

The reflection prompts from the back of No Big Speeches. The weekly check is a prompt: A weekly self-check as a recurring Claude task.

MONTHLY

1. Who on my team haven't I recognized lately? Why?

2. What am I tolerating that I shouldn't be?

3. Which decisions am I holding that someone else could make?

4. What technical work did I take on that would have grown someone else?

5. If each person on my team rated their trust in me today, what would they say? What would move it up?

6. What's one thing I was wrong about this month, and did I say so?

7. Who did I advocate for in a room they weren't in?

QUARTERLY

1. Has every person on my team had a career conversation this quarter?

2. What's our bus factor on our most critical systems?

3. Where is the team's reputation stronger or weaker than its actual performance?

4. Which lesson in this manual do I most need to work on next quarter?

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